

"SKIP" RUMBAUGH INVITATIONAL SWIM MEET

Hosted by Crescent Valley High School

January 16, 2010

Osborn Aquatic Center - Corvallis, Oregon

Swimmers must meet the following entry standards.

Girls	EVENT	Boys	
1	200 Medley Relay	2	
3	2:21.99 200 Freestyle	4	2:16.58
5	2:39.99 200 Individual Medley	6	2:43.83
7	50 Freestyle	8	
9	1:13.99 100 Butterfly	10	1:13.76
11	100 Freestyle	12	
13	6:36.36 500 Freestyle	14	6:12.67
15	200 Freestyle Relay	16	
17	1:13.81 100 Backstroke	18	1:18.57
19	1:26.86 100 Breaststroke	20	1:20.22
21	400 Freestyle Relay	22	

Only one relay entry per team.

All relay swimmers including alternates must be listed on the master entry!

There will be a 15 minute break following event 8 (50 Freestyle).
Additional breaks may be added at referee's discretion.

Timeline:

Preliminaries: Coaches meeting **8:00am**
Warm-up: 8:15-9:00am
Prelims: 9:15
Finals: Warm-up: Approximately 4:15pm.
Finals: After 45 min warm-up.

Facility:

Indoor heated 25 yard, 8-lane pool. Depth 13 to 6.5 feet. Start at deep end with a bulkhead turn end wall. Separate warm-up and cool-down pool.

Entry Limit:

Teams are limited to four (4) entries in individual events *except the 50 & 100 Freestyle. Each team may have up to six (6) swimmers entered in these two events. No more than 4 swimmers from any team may advance to finals.* **Only one (1) team in relay events.** Individual swimmers may

swim a maximum of four (4) events of which no more than two (2) can be individual events.

2009-10 NFHS rules apply.

Swimmers qualifying for finals will compete as per high school rules.

Entry Fee: \$175.00 per high school payable to "Crescent Valley High School Swim Team" should accompany the master entry form.

Fees not included with the master form must be received prior to warm-ups.

Deadline: Hy-Tek ENTRIES ARE DUE by 5:00PM FRIDAY, January 8, 2010. If using an [Excel spread sheet](#) for entries a team roster (one for girls & one for boys) must be sent via e-mail no later than [December 21, 2009](#). **Excel entries are due Wednesday January 6, 2010.**
E-mail entries to: seewun@proaxis.com
Mail fees (checks made out to CVHS Swim Team) to: CV Swim Team/Crescent Valley High School 4444 NW Highland Dr. Corvallis, OR 97330

Scratches: Please report all [scratches and substitutions in writing](#) to the Meet Referee by 8am. Include event and the name of both swimmers involved (ie. Jeff Doe in place of John Doe).

Scoring:	1 st	2 nd	3 rd	4 th	5 th	6 th	7 th	8 th	9 th	10 th	11 th	12 th	13 th	14 th	15 th	16 th
Individual:	20	17	16	15	14	13	12	11	9	7	6	5	4	3	2	1
Relay:	40	34	32	30	28	26	24	22	18	14	12	10				

Admission: Adults: \$3.00 Students: \$2.00 Prelim Heat Sheet: \$2.00
Finals Heat Sheet: \$1.00

Teams Invited: Bend, Canby, Corvallis, Crescent Valley, McMinnville, McNary, Mountain View, Redmond, Roseburg, Sheldon, Summit, and West Salem

Please include a phone number and e-mail address!

If you have any questions contact Jacki Allender 541-753-5681 or seewun@proaxis.com

We would greatly appreciate the help of officials from other teams.